



RYDA Newsletter

09/2022

The reason daddy long legs appear in homes and why you shouldn't kill them.

Daddy long legs are often mistaken as spiders because of their long legs, according to the Wildlife Trust.

They're actually a type of crane fly, and although they're slightly irritating, are completely harmless and don't bite like some spiders. "Probably now is the last throw of the dice, they come out and looking to mate, lay eggs back into vegetation and then they die off."



Many of us will be dealing with the clumsy creatures for the coming weeks – but should we kill them?

They are out this time of year because basically, they are hatching out of our lawns and various places – they live a lot of their lives underground as a grub, as a larva, and then what they do is they hatch out over the summer.

They often get confused with spiders but they're not, they're flies, they're really good food source for birds, they're really important to play their part so people should let them out their windows and not kill them. Crane flies are in fact not poisonous, contrary to popular belief and shouldn't be feared. They have probably got a reputation for being poisonous as people mistakenly think they are cellar spiders.

"The very long spindly spiders that you get in the corners of your room, they're called cellar spiders, those can pack a punch, but they are not dangerous to humans

Crane flies are absolutely harmless. While the female has a point on the end of her abdomen, that's to lay eggs, it's not a stinger.

"The reason they come into the house is for warmth and they are attracted to light so if the lights are on in the house they come inside, and they hatch out in the darker hours to avoid being eaten by birds.

"They're not looking for shelter, they're out looking for a mate and then looking to lay eggs, they end up in houses because their favourite habitat is short grass and we have lawns."

The wall-jumping insect helps get rid of:

- Spiders
- Aphids
- Dead insects
- Fungus
- Bird droppings
- Worms
- Snails

If you don't want them in your home, a glass and piece of paper does the trick.

Now the children are back at school, why not focus on yourself. Learning a new skill or joining a group for social interaction is good for your brain and helps stave off dementia, banishes loneliness and isolation.

We are lucky in our area to have so many opportunities. With winter approaching, here is a quick look at some of our indoor activities.

Firstly, we have 2 lunch Clubs; one in Newton Ferrers on the First Tuesday of the month at 12.00 noon; and the other in Noss Mayo on the 4th Thursday at 12.15pm. Both are friendly venues, and welcome people of all ages and gender. £6 for 2 home cooked courses plus coffee or tea– What's not to like. Just turn up, or contact the organisers: Please let them know of any allergies. For Newton Ferrers, Jeanne-val@venning.org; and for Noss Mayo mrandsbarnett@gmail.com

In addition to the *Bigger* organisations that follow, are many smaller groups listed on our [web site](#), with links from the home page, some of which include:

Yealm Parchment Craft (Pergamano) Group ; Art Appreciation; Yealm Quilters; Tor Lace group; Music and Singing; Garden Societies; History Group; Twinning; Tai Chi; Yoga, Dance, The Men's Shed plus many more.....

So there is no excuse to feel isolated, bored, or lonely. There is a welcome waiting for you, just make contact with one or more groups – You won't regret it!

Yealm Dementia Support Group are dedicated to improving and changing the lives of people with dementia and their families. Initial contact is Maxine 07450 206312 www.dementiayealm.org *You do not have to have dementia to join in!* **Activities** include tea/coffee and biscuits.:

- **Shared reading group**, providing debate and recalling memories. Held in Reading Group 10.30-12noon Yealmpton Parish Room £2.00
- **Craft Group**. Bring your own project or rummage in the craft box. A natter is included! The 1st & 3rd Tuesday of the month £3.
- **Gentle exercise group** for those who have difficulty exercising Seated exercises under professional supervision 10.30 – 11.30 Yealmpton Methodist Hall £5.00
- **Singing Along**, community singing with the Brixton Villageairs 2-3.30pm Yealmpton Methodist Hall £3.00 no talent needed. Just enthusiasm.
- **Walking Group**, less energetic than the normal ramblers' groups. 10.30am. Meet in car park at end of Barton Close Wembury
- **Carer Support** on Zoom 2.30-3.30 call Maxine for the Zoom link if you would like to attend. This is on a Friday once a month

The WI. This is not just a group of women listening to speakers. It is a vibrant active group who look out for one another, enjoy each other's company, go on day trips and learn from one another within smaller "satellite" groups. You can come to 3 of these meetings before having to join the WI, so give it a try.

- **The Book Club**; meets to discuss a new book every 2 months, and aim to promote lots of lively debates. contact Judith Stephenson 872933 (we currently have a waiting list!)
- **Choir** Singing in two or three part harmony, we enjoy a variety of music ranging from numbers from musicals to more traditional songs. Our aim is to have fun and learn about music while making a good sound in pleasant company. contact Joyce Stickley
- **Craft Group** aim to have a tutored activity once a month. This may be anything from dyeing silk scarves, crochet flowers, knitting poppies, a patchwork project, painting, bead jewellery, and card making to making Christmas decorations, etc. Contact Lesley Dempsey 873403
- **Drama Group**. The main events in the calendar have been those long-established favourites - the WI Christmas Revues and the Cabaret. They require writers, stage managers, scenery artists, costume designers, lighting, sound and video experts, musicians and front of house - not to mention the actors. We are therefore always looking for fresh talent. So why not come and join us? Contact Jean Ellis. 873144

Yealm District U3A are keen to encourage all members to be active, socially connect, take notice and keep learning. Through regular meetings and speaker events, group leaders provide opportunities to talk, share interests and ideas, whilst offering the opportunity to learn with and from each other, through a diverse range of activities, which include:

- **Bridge** – Lead Contact: Jane Wain – email: jane.wain@yealmu3a.org.uk-(Intermediates), supported by George Buckland (Beginners) and Nigel Wain (Master Classes)
These classes offer an opportunity to begin bridge, improve or refine your skills at Master Class level. Assistance is willingly offered in finding your correct starting point and there is no need to have a partner. Expressing an interest and booking a place in the relevant group, however, is crucial.
- **Family History** – Robin Forrester – email: family.history@yealmu3a.org.uk
Genealogy has become increasingly popular recently and we are fortunate to have excellent local resources. The group extends its interests to ancient ancestries and explores different avenues for research. This is an increasingly popular group and if your question is ‘ Who are we?’ do come and find out!
- **Flower Arranging** – Laraine Kirkham – email: flowers@yealmu3a.org.uk
These sessions are specifically aimed at those with little or no experience of flower arranging but would like to learn and have some fun! Groups are limited to 12, as these sessions are practical and each session will take the format of a general talk, practical demonstration, followed by creating your own arrangement.
- **French** – Rosemary Smith – email: french@yealmu3a.org.uk
Informal and friendly for French speakers of all levels, these sessions held at home, provide a chance to practise and extend your French over a relaxed cup of tea or coffee or maybe a glass of wine – French of course!
- **Book Group** – Mary Wilcox – book-group@yealmu3a.org.uk
Organised to promote the enjoyment and reading of a diverse range of fiction and non- fiction, the meetings are held on a three weekly basis from 11.00am until 12.30pm usually on a Tuesday and lead by the person who has chosen the book for discussion. The group promotes friendly and lively debate. The books are chosen by individual members on a three meeting rolling basis so that the lead is shared.
- **German** – Jill Mariner – email: german@yealmu3a.org.uk
Discussions on topical and social issues are aimed at extending and broadening modern German colloquial vocabulary. A reasonable knowledge of spoken German is required; if in doubt about the level please ask.
- **Historic Churches** – Jenny Arkinstall – email: historic.churches@yealmu3a.org.uk
Explore and learn about some of the churches in Devon and East Cornwall and their historical and architectural significance. These meetings provide a chance to visit and learn more about the region, its people and some of our very beautiful churches.
- **Photography** – Bob Styring – email: photography@yealmu3a.org.uk
This very active group offers budding photographers the chance to explore different topics aiming to further the “Art of Photography”, whilst examining its technical aspects, in different locations in the area. Through members’ shared knowledge and expertise, the group offers a collaborative approach to sharing and disseminating knowledge to one another.
- **Poetry** – Jane Hawker – email: poetry@yealmu3a.org.uk

With different themes at each monthly meeting the group meets to read, discuss and enjoy poetry. There are occasional well supported public events which, for example, might show case local writing as well as popular and well known poems.

- **Table Tennis – Roger Barnett** – email: table.t@yealmu3a.org.uk
There are two weekly sessions in Noss Village Hall: at 10am – 12 noon on Tuesdays and 7pm – 9 pm on Thursdays. Bats and balls can be provided. We have two tables available, and all standards of players are welcome. There will be a session charge of £3 when you play, to cover the cost of the venue.
- **Tours and Trips – Barbara Geddes** – email: tours.trips@yealmu3a.org.uk
These tours and trips, although irregular, offer opportunities to visit a diverse range of places such as submarines, Dartmouth College and our local TV studios, to mention but a few. These meetings always give members plenty of notice and booking early is crucial.
- **Wine Appreciation Group – Andrew & Sandy Hignett** – email: wine@yealmu3a.org.uk
Around the world in 80 wines! The world is our oyster when it comes to sampling wine at our meetings and this is often matched with appropriate tapas or canapes. With a combination of experts from the world of wine, together with individual members who volunteer to host these meetings, members can sample and learn about a selection of 7 or 8 wines from around the world, or a specific region, at each tasting. Needless to say this is a very enthusiastic group!

There are many outdoor activities on the web site too; football, bowling, cricket, walking, gig rowing, tennis, cycling and archery. The choice is yours Please join in, make friends, & do something you enjoy <https://www.ryda.org.uk>

It is with sadness that we report the death of Peter Prichard on 12th August.

Peter was a long standing RYDA committee member, and was instrumental in establishing the Neighbourhood Plan.

Our thoughts are with Margaret & Peter's Family

Brookings Down and Eastern Hill Woods

We look forward to starting our **Autumn work programme on the 17th September, then every other Saturday** and so to both existing volunteers and potential new ones, please meet at the shed in BDW near the play park at 10am, where tools and tasks will be allocated. (coffee and biscuits are also included)

The 2022 showing of Bluebells in both woods were once again stunning and it is heartening that the majority of our newly planted saplings have taken root and are growing with the help of the water carriers who made a number of trips to keep them watered.

The woods are great havens for our wildlife and taking a few minutes to stop, sit or stand provides a great experience of nature going about its business.

Visitor numbers to the woods have been high which is great although some sections of paths and steps are showing signs of wear and will be attended to in our forthcoming work programme.

As a committee we are extremely grateful to Yealm Community Energy for awarding us a grant to help sustain our conservation work within both woods into the future.

Once again we look forward to restarting our work group on the 3rd September. If this is of interest to you please feel free to contact

Paul Francombe (thefrancombes@btinternet.com) or

Val Lomax (val@lomcroft.plus.com)

Celebrating 40 years of Marine Conservation at Wembury...

Summer Photography Competition

Please submit your photographs taken in the Wembury Marine Conservation Area including the coastal footpath. Open to all *

Categories:

- 1 Wildlife underwater
- 2 Wildlife above water
- 3 Scenery
- 4 People and History



Age Groups:

- 1 Open (Adult and under)
- 2 Under 18 years
- 3 Under 12 years



Closing Date: Sunday, 18 September 2022

Prizes: First and Runner-up in each Category

Prizes donated by Wembury MCA Advisory Group and Sponsors

E-mail photographs (jpeg format, 2 MB maximum) to:

wemburymca@outlook.com

(Rules available on request)

*Excludes Wembury MCA Advisory Group Committee, Judges and Professional Photographers



Introducing: Bedroom to Business, 10 Weeks of Free Support for Entrepreneurs

You've discovered something you love to do, and it has the potential to grow and support you financially. But what is your next move? How can you take your passion from the kitchen table or bedroom and turn it into a business?

The Business & Intellectual Property Centre (BIPC Devon) is staging a free 10 week 'Bedroom to Business' course (from **8th September**) designed to help you make sense of the entrepreneurial journey ahead. You can attend in person or online every week.

Step by step, week by week, we'll cover the key business skills you'll need to launch a successful small business. At the end of the course, you'll have all the tools you need to move your business forward.

BIPC Manager Richard Love said: "The past few years have been tough, and it has pushed many people to find alternative sources of income. If you have started, or are thinking about starting a new business venture, then this is the course for you!"

The free 10 week 'Business to Bedroom' course will be led by Award Winning Coach and founder of Clarity Coaching, Clare Palmer.

At the end of the 10-week program, five lucky participants will receive an additional three months of one-to-one business support from Clare herself. Ensuring that we at BIPC can continue to build ongoing relationships with and deliver investment to Devon's most promising entrepreneurial talent.

Clare is an inspiring coach recognised as outstanding in her field and nominated for a Southwest Women Award in the category "Best Support Act"

Clare's passion lies in helping people break back self-imposed barriers, increase self-belief and become more conscious of their thoughts, emotions and actions to achieve the best possible outcome for them.

The course will run in person and online every Thursday at 10am and also uploaded to the BIPC website <https://bipc.librariesunlimited.org.uk/> to watch again. There will also be additional webinars and workshops alongside this training.

The content will cover everything from negative self-talk, goal setting and time management, to intellectual property, sales, marketing, research and accounting basics.

The course, like everything from the BIPC, is absolutely free and starts on **Thursday 8th September**. And if you can't attend, you can watch all of the webinars on the BIPC website.

For more information and to book go to <https://bipc.librariesunlimited.org.uk/>



It has been an excellent Spring and Summer so far for sunshine, and the solar farms at Newton Downs and Creacombe & Marlands have been generating plenty of electricity to sell to the grid.

The very hot spell in mid July didn't mean that they produced even more electricity, as the panels work slightly less efficiently when the temperatures are up in the 30s, but they still produced the maximum that can be expected in mid-Summer.

The electricity production figures for the two solar farms for March to June are as follows:

March: 1,286 MWh (MW-hours or 1,286,000 Kilowatt-hours) **April:** 1,551 MWh **May:** 1,664 MWh **June:** 1,785 MWh **Total** **6,286 MWh**

That's a lot of electricity!! It means that in these four months the two solar farms produced the equivalent of the average total annual consumption of 2000 homes. Over the whole year they will produce the equivalent of about 4000 households, i.e. all of the houses in the 5 parishes.

The solar farms are performing consistently well and will be benefiting from the high wholesale electricity prices (following the very low prices during the COVID pandemic). The high prices of course are bad news for all of us electricity consumers, but at least the surplus revenues from the solar farms will be staying locally, once we have the long awaited complete ownership.

Planning

A considerable number of applications this month. Many have been amended from earlier applications following comments from neighbours, Parish Council, South Hams Planning Officers and among others the RYDA. Whilst it is pleasing to note the acceptance of such comments and suggestions, the cost to applicants must be significant. Perhaps there is a need for a defined design guide for specific areas or a process of informal consultation with neighbours, local councils, planning authorities and local interest groups prior to formal application.

As always, your comments on any of the applications are very welcome and if you have any strong views, for either support or objection, or general comment, then

please use the South Hams Planning Website, but also inform the RYDA and the Newton and Noss Parish Council.

Planning Application Ref: (use the links for further information) [2784/22/HHO17](#)
Butts Park.

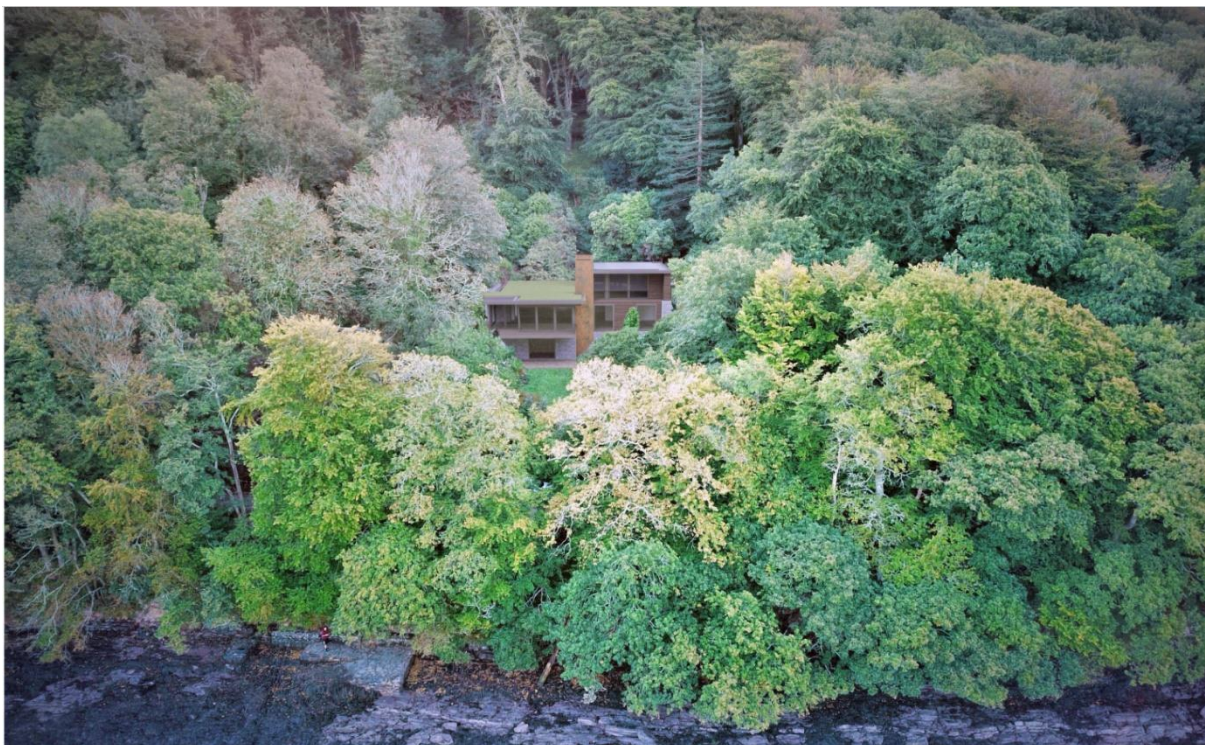
The proposal is to remove the mix of outbuildings to the side of the house and the existing front porch and replace these with a modern single storey extension. Although large the extension will have little visual impact from the principal elevation.

Planning Application Ref: [2754/22/HHO](#)

1 Church Park – This house has existing approval for a substantial extension and rooms in the roof which would necessitate raising the roof (Resubmission of 2950/19/HHO). The new application is for a kitchen extension over the existing balcony and flat roof, plus new larger windows. A new entrance door on the Church Park elevation is also planned, but there is no requirement to raise the roofline. This may be seen as having less impact than the existing approval.

Planning Application Ref: [2666/22/FUL](#)

Menryn, Court Wood – Although defined as an extension & refurbishment of the existing dwelling with a replacement garage, this seems to involve replacement of much of the original structure but with a small increase in the footprint. Although the main concern is the addition of a new level to contain a bedroom “pod”, this is a substantially smaller addition than that of a previous, withdrawn application (Resubmission of 3167/21/FUL), following comments from the N&NPC with input from the RYDA.



Planning Application Ref: [2510/22/HHO](#) - Even Keel, Pillory Hil

A small, plain, single storey rear extension on the first floor, largely obscured behind the house, but visible from adjacent properties.

Planning Application Ref: [2865/22/HHO](#) – Cleeve, 83 Court Road –

An office extension with reglazing, including partial cladding & internal reorganisation. This revised application (Resubmission of 2169/22/HHO) has much less visual impact, whilst, hopefully achieving the Applicant' aims . It is pleasing to note that this is another revised application following comment from the Parish Council, SHDC Planning, neighbours and RYDA.

Planning Application Ref: [2693/22/HHO](#) – The Porthole 27 Yealm Road

This is another resubmission following Planning Officer comments for the relocation of the entrance to road level, the addition of a rear balcony between existing the dormers and some internal reorganisation. With the improved appearance of a gable pitch roof instead of the initial flat roof over the new entrance.

Planning Application Ref: [2669/22/HHO](#) - Point Cottage

This is a prominent house, overlooking and close to the waterside on Passage Road, within the Noss Mayo Conservation Area. The proposal will change the garage into an Art Room, create a parking space for three cars & install solar panels. Although the house has been extensively altered in the recent past, this proposal also seeks to excavate the rear of the house and construct a two-level extension with a pitched roof. Although this extension is largely hidden from the east, a substantial massing will be apparent from the north and south.

Planning Application Ref: [2002/22/HHO](#) – Willow Brook, Riverside Road West

This application is for a rear extension, refurbishment works to re-render & re-roof property. Here again we see a revised application following neighbour, Parish Council, RYDA and Planning Officer comments. The proposal is now more cohesive although there are reservations over the use of non-traditional metal roofing in the NF Conservation Area

Planning Application Ref: [2581/22/FUL](#) - 92 Court Road.

Following outline planning approval this application is for full planning approval for a new detached 3 bed dwelling & associated access, parking & landscaping within what was the garden of 92 Court Road, therefore the principle for a house on this

site has been approved. However, there are several potential concerns with the detailed design, including:

Loss of several trees.

The size of the proposed house is significantly larger than the outline approval.

Overdevelopment of the site.

Over dominance of adjacent dwelling.

Change of access to the Outline Approval from Middle Leigh to Court Road.

Design and materials do not reflect local characteristics.



Whats on?

ARTISTIK STORYTIME
Mother and Toddler Group
0 - 5 years
HOLY CROSS CHURCH
Newton Ferrers
Every Thursday 10.00 - 11-30am
Starts 8th September



APPLE DAY 11th SEPTEMBER - CANCELLED

Reluctantly we have decided to cancel the event for this year. There have been a number of logistical problems and only one volunteer came forward for last month's request for helpers. We do need helpers for the Apple Day to take place! We apologise to those who were looking forward to this event and hope to be able to start it up again next year.

Orchard Group



Holbeton Film Club

September's screening is **Emma** (certificate U, *brief natural nudity*). Based on Jane Austen's beloved comedy about finding your equal and earning your happy ending, the story is re-imagined in this delicious new film adaptation of Emma.

This is showing on **Saturday 10th September** in Holbeton Village Hall. Doors open 7.00pm, the programme starts at 7.30pm. Tickets on the door £4. Ice creams will be on sale for £1.

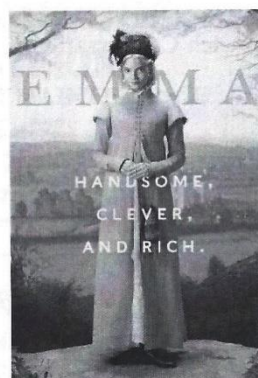
Our programme for the coming months is:

Respect (12A), Friday 14th October

Summerland (PG), Saturday 12th November

The Duke (12A), Friday 9th December

Harry Baumer (830274)



WI Craft Group 2-4pm



13th September ~ bring what you are currently working on and enjoy a natter over a tea/coffee and biscuits.

27th September Iris Folding with Lesley. Make a lovely picture of a Yacht with strips of paper, or an abstract piece, Or even both!

60p per card for materials



Yealm Art Society

Saturday September 17th

An Artist's View

Well known local Artist - **Ray Balkwill**

talks about his work

7 for 7.30 start

All welcome - Wine and nibbles served on arrival

Tickets on the door **£7.50**



WI Community Hall, Newton Ferrers PL8 1AS

More details on our website

www.yealmartsociety.com

Ocean Memories at National Marine Aquarium – Plymouth
Wednesday 21st September – booking essential

For the first time, a special 'Quiet at the Aquarium' event is being hosted specifically for older adults and those living with dementia.

The Aquarium will open at 4:30pm for visitors to be able to enjoy the animals, without the usual noise and distractions.

Their Ocean Discovery Rangers will be on hand to help you explore the Ocean, through different senses and help people reminisce about their time with the Ocean.

This event is open to families and care homes, to explore the Aquarium. Show your ticket at the Sardine Bar next door to receive a 10% discount on takeaway orders.

You can find more information, and book tickets here: [Quiet at the Aquarium - National Marine Aquarium \(national-aquarium.co.uk\)](https://national-aquarium.co.uk/quiet-at-the-aquarium)

THURSDAY LUNCH CLUB

We look forward to seeing you at our next TLC Lunch
in

Newton & Noss Village Hall

Thursday 22nd September at 12.15pm

New Members always welcome

£6.00 for a delicious 2 course meal, followed by tea/coffee

*Please contact Jane Barnett to confirm your attendance
and/or more information on 872663*

mrandsbarnett@gmail.com



Yealm Art Society Workshop

Fascinating Drawing Techniques

Discover the freedom of sketching with

Anna Ventura

Saturday September 24th

Yealmpton Community Centre, PL8 2HF

**10 am - 4 pm £30 (£25 -
members)**

For full details and to reserve a place - email :
lin.f@btinternet.com

More details on our website
www.yealmartsociety.com



COFFEE CAKE CHAT



*The last couple of years have not been easy,
so do come along
for coffee, cake and chat*

Where Holy Cross Church

When Every Tuesday 10.30am - noon

All are welcome

- even dogs with well-behaved owners.

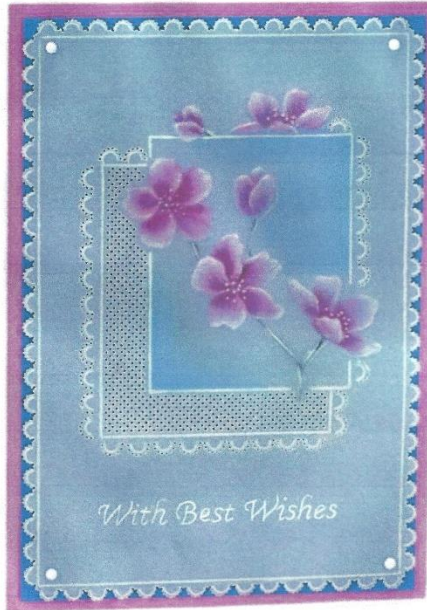
Transport can be arranged by Ruth Thrush on 872503.

*Yealm Parchment Craft
WI Hall, Newton Ferrers*

2-4 pm

Next lesson 30th September 2022

Project: Dorsing with oil Pastels



Equipment supplied if you don't have it £8 per session

07838375449



YEALM GARDENS SOCIETY

We will be welcoming Andy McConnachie on Tuesday 27th September, 7.00 for 7.30pm in the WIC Hall, who will be talking on '*Ponds and their Environment*'. The importance of wildlife ponds and working with nature is now increasingly recognised. Andy has worked with Alan Titchmarsh and Charlie Dimmock on the Romsey Watergardens and also projects for Chelsea and the Grand Designs TV programme.

Derek Pretty has kindly potted up some beautiful, bearded iris to sell for charity. We will have some for sale at the talk but, if you would like to collect them from Derek directly, do get in touch with him at derekpretty@hotmail.com

We look forward to seeing you all on 27th September.

Rosemary Smith, Secretary Y G S

u3a

Yealm u3a Talk: **Thursday, 29th September**
WIC Hall, Newton Ferrers
Doors open at 2.00pm for 2.30pm

'The Life of a Costume Supervisor'

- from read-through of a Script to the Opening Night.

Talk by Delia Lancaster:

Delia Lancaster is the Head of Wardrobe for The Theatre Royal, Plymouth, and has run the department since 2017. She started her career as a wardrobe assistant and costume advisor in 1989 and has followed a varied career path through theatre and education to the present day.



Learn how costumes come together from the original designs, their maintenance, budget management, and the necessary liaison with other departments. All this before they even make it to the stage.

Open meeting for all U3A Members

New members welcome. Non-Members £3 donation
For membership details see; www.yealmu3a.org.uk

The WI will be holding a TABLE TOP SALE

on SATURDAY 8th OCTOBER

from 10.30am – 1.00pm

in the WIC Hall

If you would like to reserve a table @ £10 or would like further details please contact Cathy Matthews email:
catherine.matthews2017@outlook.com (872942)



Dementia Friendly Parishes
around the Yealm

Celebrating 10 Years of Support

September 2022 Contact Maxine 07450 206312

Thursday	1	Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join
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Friday	2	
Saturday	3	
Sunday	4	
Monday	5	Art & Craft Group 10.30am – 12.00pm Yealmpton Comm Centre £3.00
Tuesday	6	Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00
Wednesday	7	Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury
Thursday	8	Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join
Friday	9	
Saturday	10	
Sunday	11	
Monday	12	
Tuesday	13	Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00
Wednesday	14	Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury
Thursday	15	Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join
Friday	16	Singing Along, community singing with the Brixton Village-Airs 2-3.30pm Yealmpton Methodist Hall £3.00
Saturday	17	
Sunday	18	
Monday	19	Art & Craft Group 10.30am – 12.00pm Yealmpton Comm Centre £3.00
Tuesday	20	Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00
Wednesday	21	Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury
Thursday	22	Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join
Friday	23	
Saturday	24	
Sunday	25	
Monday	26	
Tuesday	27	Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00
Wednesday	28	Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury
Thursday	29	Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join
Friday	30	

*We can't change the person living with dementia
but we can change the experience they have in their community.*



"REFLECTIONS FROM THE BEST CIGAR TERRACE IN LONDON"

A talk by General The Lord Houghton of Richmond GCB CBE DL



General The Lord Houghton served in the Army for over 40 years and reached the pinnacle as Chief of the Defence Staff, the professional head of UK's Armed Forces. On his retirement from the Army, he was appointed to the prestigious post of Constable of the Tower of London which he held for 6 years. His talk will reflect on the key moments and events in his career with plenty of amusing current and historical stories and anecdotes.

The talk will appeal to the young, the old and the in-between.

HOLY CROSS, NEWTON FERRERS

SATURDAY 1st OCTOBER 2022

6.30 – 8.00pm

6.30pm	A drink and light refreshments
7.00pm	Talk begins
8.00pm	Evening ends with the raffle draw

Tickets are £10 per head or £20 for a family of up to 4 (2 x adults and 2 x under-18s). Ticket includes a glass of wine and light refreshments.

Tickets available from Tubbs the Pharmacy and from Lesley Challacombe on 872233 and Christopher Lunn on 872848 or from any Yealm Branch Committee member.

In aid of the Royal British Legion



Dementia Friendly Parishes

6TH OCTOBER 2022

Autumn Fashion Show with
Luxury Afternoon Tea

Boringdon Park Golf Club
1.30pm for 2pm

ONE LUCKY
TICKET WINS A
VOUCHER FOR
DIANA
BOUTIQUE!

Diana
BOUTIQUE

Tickets £28.50 from
Diana Boutique,
21, Fore Street, Ivybridge
or by emailing
treasurer@dementiayealm.org
or call Jacqui - 07831406091

Divertimento String Quartet

at Holy Cross Church, Newton Ferrers

Friday 7th October

at 7.00pm

Boccherini – Quartet Op 2 no 1

Schulhoff – 5 Pieces (1923)

Beethoven Quartet in C, Op 59 no 3

The music will be informally introduced by the Quartet

Tickets £18, under 18's Free

From Tubb's Pharmacy or

enquiries@divertimento.uk.com (01803 863677)