



RYDA Newsletter

January 2022

Happy New Year to you. We hope it will be a happy and more importantly, healthy one.

The new variant of Covid is a worrying one, so stay safe. - Medical science has moved on over the years and we are so lucky to live in an age where we can be vaccinated against most devastating illnesses. There could even be a blood test for cancer on the way soon.

Our ancestors were not so lucky. Not so long ago polio was a big problem, and many families were affected by this; Who remembers the polio vaccine being put on a sugar cube? It is now rarely heard of. Who is aware of these past world wide pandemics? (we have taken you back to the black death, but there were many pandemics prior to this.)

- Covid 2019 - on going
- Ebola 2014 – 2016. Ebola ravaged West Africa between 2014 and 2016, with 28,600 reported cases and 11,325 deaths.
- The Swine Flu Pandemic 2009 – 2010 The 2009 flu pandemic primarily affected children and young adults, and 80% of the deaths were in people younger than 65. A vaccine for the H1N1 virus that caused the swine flu is now included in the annual flu vaccine.

- **Aids Pandemic 1981 to present day.** AIDS has claimed an estimated 35 million lives since it was first identified. The virus made its way around the world, and AIDS was a pandemic by the late 20th century. For decades, the disease had no known cure, but medication developed in the 1990s now allows people with the disease to experience a normal life span with regular treatment. Even more encouraging, two people have been cured of HIV as of early 2020.
- **Asian Flu 1957 – 1958** The Asian Flu pandemic was another global showing for influenza. With its roots in China, the disease claimed more than 1 million lives. The virus that caused the pandemic was a blend of avian flu viruses.
- **Spanish Flu 1918 - 1920** An estimated 500 million people from the South Seas to the North Pole fell victim to [Spanish Flu](#). One-fifth of those died, with some indigenous communities pushed to the brink of extinction. The flu's spread and lethality was enhanced by the cramped conditions of soldiers and poor wartime nutrition that many people were experiencing during World War I.

Despite the name Spanish Flu, the disease likely did not start in Spain. Spain was a neutral nation during the war and did not enforce strict censorship of its press, which could therefore freely publish early accounts of the illness. As a result, people falsely believed the illness was specific to Spain, and the name Spanish Flu stuck.

- **Polio Epidemic 1916** The disease mainly affects children and sometimes leaves survivors with permanent disabilities. **Polio epidemics** occurred sporadically until the **Salk vaccine** was developed in 1954. As the vaccine became widely available, cases declined. Worldwide vaccination efforts have greatly reduced the disease, although it is not yet completely eradicated.
- **Flu 1889- 1890** In the modern industrial age, new transport links made it easier for [influenza](#) viruses to wreak havoc. In just a few months, the disease spanned the globe, killing 1 million people. It took just five weeks for the epidemic to reach peak mortality. The earliest cases were reported in Russia. The [virus](#) spread rapidly throughout St. Petersburg before it quickly made its way throughout Europe and the rest of the world, despite the fact that air travel didn't exist yet.
- **The great Plague (of London) 1665 – 1666** The Black Death's last major outbreak in Great Britain caused a mass exodus from London, led by King Charles II. The plague started in April 1665 and spread rapidly through the hot summer months. Fleas from plague-infected rodents were one of the main causes of transmission. By the time the plague ended, about 100,000 people, including 15% of the population of London, had died. However, this was not the end of that city's suffering. On Sept. 2, 1666, the Great Fire of London started, lasting for four days and burning down a large portion of the city.
- **The Cocoliztli Epidemic 1545 – 1548** The infection that caused the cocoliztli epidemic was a form of viral hemorrhagic fever that killed 15 million inhabitants of Mexico and Central America. Among a population already weakened by extreme drought, the disease proved to be utterly catastrophic.

"Cocoliztli" is the Aztec word for "pest." A [study](#) that examined [DNA](#) from the skeletons of victims found that they were infected with a subspecies of *Salmonella* which causes enteric fever, a category of fever that includes typhoid. Enteric fever can cause high fever, dehydration and gastrointestinal problems and is still a major health threat today.

- The Black Death 1346 – 1353 The [Black Death](#) traveled from Asia to Europe, leaving devastation in its wake. Some estimates suggest that it wiped out over half of Europe's population. It was caused by a strain of the [bacterium](#) that is likely extinct today and was spread by fleas on infected rodents. The bodies of victims were buried in mass graves. The plague changed the course of Europe's history. With so many dead, labour became harder to find, bringing about better pay for workers and the end of Europe's system of serfdom.

Now, we aren't starting the New Year in a gloomy mood, but celebrating the advances and progress of medical advances. Media has a lot to do with how we hear of viruses too. In the time of the Plague of London, news was local and mainly passed verbally, now we have newspapers, tv and internet. We possibly have technology overload, but that's a different subject! So celebrate the positive achievements, but remember, what we are going through isn't new, - It happens regularly in one form or another. As the song goes; "I will survive" by being sensible, and embracing medical progress

Hopefully 2022 will be a year when events can get back to normal. We will continue to put free events on our facebook page.

Meanwhile here are a few of our own; However, ***please check as a lot of events have already been cancelled due to flu and Covid***



Brookings Down & Eastern Hill Woods

Our September to December working parties have continued to operate focussing on a wide range of general maintenance.

More recently, storm Arwen has brought down a very large ash and a sycamore in BDW. The sycamore fell blocking a path but was quickly cleared.

During December a survey of bird and owl nest boxes has been completed. Of the 23 boxes in BDW 50% have been used and of the 14 boxes in EHW 50% have been occupied. A number of nest boxes have required repair and some are nearing the time for replacement.

The committee would like to thank all our volunteers for your continued support and look forward to seeing you and any new volunteers after the festivities!!

Dates for 2022 working parties:

January 8th, 22nd, February 5th, 19th, March 5th, 19th and April 2nd.

If you would like to know more about becoming a Friend or joining a working party please contact

Paul Francombe (thefrancombes@btinternet.com)

Or Val Lomax (val@lomcroft.plus.com)

Brookings Down & Eastern Hill Management Committee



Dementia Friendly Parishes

around the Yealm

Charity Number 1180354

January 2022 Contact Maxine 07450 206312

| | | |
|-----------|---|--|
| Saturday | 1 | |
| Sunday | 2 | |
| Monday | 3 | |
| Tuesday | 4 | |
| Wednesday | 5 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 6 | Reading Group 10.30-12noon Yealmpton Parish Room £2.00 |
| Friday | 7 | |
| Saturday | 8 | |

| | | |
|-----------|----|--|
| Sunday | 9 | |
| Monday | 10 | |
| Tuesday | 11 | Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00 |
| Wednesday | 12 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 13 | Reading Group 10.30-12noon Yealmpton Parish Room £2.00 |
| Friday | 14 | Carer Support Group 2.30pm – 3.30pm on Zoom |
| Saturday | 15 | |
| Sunday | 16 | |
| Monday | 17 | Art & Craft Group 10.30am – 12.00pm Yealmpton Comm Centre £3.00 |
| Tuesday | 18 | Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00 |
| Wednesday | 19 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 20 | Reading Group 10.30-12noon Yealmpton Parish Room £2.00 |
| Friday | 21 | Singing Along , community singing with the Brixton Villageairs 2-3.30pm Yealmpton Methodist Hall £3.00 |
| Saturday | 22 | |
| Sunday | 23 | |
| Monday | 24 | |
| Tuesday | 25 | Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00 |
| Wednesday | 26 | Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury |
| Thursday | 27 | Reading Group 10.30-12noon Yealmpton Parish Room £2.00 |
| Friday | 28 | |
| Saturday | 29 | |
| Sunday | 30 | |
| Monday | 31 | |

2022 - A Year of Celebration

2022 is a year of celebration for Dementia Friendly Parishes around the Yealm. In 2012 a group of dedicated and interested local people representing Wembury, Brixton, Yealmpton, Newton & Noss and Holbeton Parish Councils, Plymouth University, South Hams CVS, Devon Carers, Saltram Rotary and The Alzheimer's Society set up the first dementia friendly parish councils in the country.

Ten years on we have an impressive record. During this time, we have linked with and supported over 123 families. We are currently supporting 43 people living with dementia and their carers/families. We set up inclusive groups so that people living with dementia can join in with activities, make new friends and continue to be part of their community. We have spoken at local, national and international conferences about what we do. We have contributed to national guidance to town and parish councils on how to build dementia friendly communities. We employ a Project Coordinator, Maxine Kennedy, and a Project Support Worker Judy Milam. We became a charity in

2018. We have to continually fund raise to ensure that people living with dementia and their families continue to receive the unique support we offer.

During 2022 we plan several events (COVID 19 permitting) to celebrate our first decade which will be promoted through these articles and on our website in January.

Our exciting activities are open to all members of the community. The **Art and Crafts Group** meets on the 17th January 10.30-12noon at Yealmpton Community Centre. You can bring your own art and craft work, take part in something together with the group or just come for a coffee and a chat. There is a charge of £3.00. Our **Walking Group** meets in the carpark at the end of Barton Close in Wembury every Wednesday morning at 10.30am -restart date is 5th January. This is a gentle walk and opportunity to talk and catch up. The **Reading Group** meets on Thursday mornings restarting on the 6th January both face to face and also by zoom 10.30-12.00noon in the Parish Room, rear of Bakery Square in Yealmpton. So, why not join in this year to share your own experiences. This is a group where there is a lot of laughter and seriousness is definitely not on the agenda. There is a charge of £2.00 towards refreshments and room hire. The weekly **Gentle Exercise Group** led by Registered Physiotherapists meets every Tuesday morning restarting on the 11th January from 10.30-11.30pm at Yealmpton Methodist Church Hall. There is a charge of £5.00.

Singing Along with the Brixton Villageaires is making a comeback on Friday 21st January 2-3.30pm in Yealmpton Methodist Church Hall. Please join us for some feel good community singing and fun. £3

A date for your diary Friday 25th March - a conference will be held at The Watermark, Ivybridge 'Let's Talk about dementia' open to everyone. More details will be on our website in January.

For further information please contact Maxine on 07450206312. Follow us on Facebook and www.dementiayealm.org. You can also support us via Amazon Smile and Seamoor Lotto <https://www.seamoorlotto.co.uk/supportdementia-friendly-parishes-around-the-yealm>

*We can't change the person living with dementia
but we can change the experience they have in their community.*

"Hot Off The Press. This year's harbour clean up will be on **Saturday 30th April**. Further details will follow in the next Newsletter."



The Thursday Lunch Club at Noss Mayo in the Newton & Noss village hall restarts (covid permitting) on Thursday 27th January at 12.15 £5 for a beautiful 2 course hot meal, followed by tea & coffee. Please contact Jane 872663 or e mail mrandmrsbarnett@gmail.com to confirm your attendance.

Newton & Noss Village Hall were hosting a Kurling evening, including supper and dessert on Saturday 5th This is cancelled due to covid rates on the rise



The Parish Council report that the Vehicle Activated Sign has been in place at Butts Park, for four months, and they are seeing an improvement in traffic speeds through that area. However, there are some alarming speeds being recorded. The Parish Council say it has been useful in identifying traffic volumes and speeds which have been included in their response to both Collaton and Butts Park planning applications.

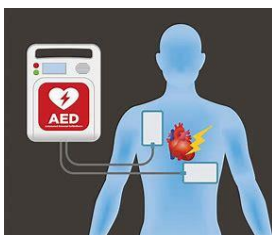


Digital Inclusion drop in meetings are planned at the WI hall in Newton Ferrers at 10am on Jan 21st & 28th. Come along with your phone, Ipad or laptop and learn or gain confidence with the changing world of on-line shopping, banking, browsing, emails and video calling

Yealm Garden Society have planned a talk on "ROSES" with Claire Forster at 7.00 on 25th January in the WI hall Newton Ferrers.



Defibrillator Training at Newton & Noss Village Hall Noss Mayo at 10.30 on 15th February.



Do you know how to use one? Do you know where they are?

Everyone is welcome to attend. The session should last about 2 hours. Even if you've been before, there is no harm in coming for a refresher. It will be low tide, so parking shouldn't be a problem.



Yealm u3a Talk: Tuesday, 25th January 2022.

WIC Hall, Newton Ferrers

Doors open at 3.00 for 3.30pm start

‘Agatha Christie’

Her life - as dramatic and eventful as her fiction.

Only outsoled by the Bible and Shakespeare. Discover how Torquay's famous daughter came to enjoy worldwide success.

Her legacy is both local and global.

Discover her deadly dispensary of poisons.

Talk by Janet Sellick:

Having studied modern languages at the University of Wales, Swansea, Janet Sellick trained as a Blue Badge tourist guide in London. After a very busy summer guiding in London she escaped to sunny Devon for a short break. Here she met her future husband, so her quiet weekend ended up lasting 41 years!

Janet is a qualified West of England tourist guide, has been Chairman of the Plymouth Arts Society and has spoken on Women's Hour about Agatha Christie and Greenway. She now lectures on Agatha Christie focussing on her life, her loves, plus her plots and poisons.

Open meeting for all U3A Members with Drinks & Canapes following the talk. Reservations to Laraine Kirkham (873080)

New members welcome. For membership details see www.yealmu3a.org.uk

Book Troop - An online book group

Book Troop is a monthly online book group run by Plymouth library staff. We talk about the books we have been reading and find out what's next on your "to read" list so no session is the same.

The next Book Troop is Wednesday 26 January at 11am. Email us at library@plymouth.gov.uk to book your spot.

This group is hosted using Microsoft Teams. Users can join via their web browser or via the Teams app.

Criminals are using the NHS COVID Pass to target the public by convincing them to hand over money, financial details and personal information.

REMEMBER: The NHS COVID Pass is FREE and available through the official NHS app (which should only be downloaded through your usual app store), the NHS website or by calling 119. You can find more information by visiting www.nhs.uk/nhscovidpass.

The pass is not mandatory and you won't be fined for not having one.

If you suspect you have been contacted about a fraudulent NHS COVID Pass, follow these steps:

If you've received a phone call, hang up

If you've received an email, forward it to report@phishing.gov.uk

If you've received a text message, forward it to 7726

If you've fallen victim to fraud, report online at www.actionfraud.police.uk or call 0300 123 2040.

You can find more information about the NHS COVID Pass scam on the Action Fraud website: <https://www.actionfraud.police.uk/covidpassfraud>

Newton & Noss Village Hall 200 Club Lottery – January 2022 Draw Results.



Congratulations to the winners in the latest monthly draw.

1st Prize (£50) 238. David & Judith Jones

2nd Prize (£30) 176. David Compston

3rd Prize (£20) 13. Jane Barnett

4th Prize (Bottle of wine, donated by Newton & Noss Village Hall) 32. Vicki Ingram

5th prize (Mulled wine donated by Newton & Noss Village Hall). 179. Clive Harley.

Two more monthly draws will take place in February and March before we start a new year of the lottery. Further details will follow shortly regarding this. As mentioned previously, if any local businesses are willing to sponsor a prize for next year, then please contact Roger Ball on 01752 873276. Your donation will be publicised as the results are announced.

Planning Report

Updates:

Collaton Park, 125 dwellings etc. – N&NPC Supported the application, on the Chairman’s casting vote. RYDA objection submitted, no comment from AONB – not included on the South Hams Development Management Committee Agenda for 19 Jan.

Land opposite Butts Park – 20 Houses, incl. 17 CLT. Widespread support including N&NPC and RYDA.

Briar Hill additional 14 additional lodges – Withdrawn.

Old Paint Laboratory / 101 Yealm Road – N&NPC Objection, AONB Objection, RYDA objection submitted, no further information.

This month’s Planning Applications include:

Poppy Cottage, Riverside Road West - Ref: 4287/21/FUL

This house was originally approved as a conversion of the original bungalow and proposed to utilise some of the existing structure. A separate application for a similar house on the garden was refused.

It appears that at some stage during construction it was decided to demolish all of the existing bungalow, for what were probably very good reasons, but to continue to build on the original footprint. Having now been built, it unfortunate that the opportunity was not taken to reduce its dominance over the footpath, road and waterside, by setting it further in, and stepping into the slope.

Blossoms, Lower Court Road, Ref 4444/21/FUL

This application is for the demolition of a Domer type bungalow which sits above Lower Court Road and its replacement, on the same footprint, by a flat roof glass box, this presumably achieves greater accommodation without raising the roof height. Does this achieve a pleasing “modern Design”?

The Neighbourhood plan tried to limit the spread of these types by requiring that “All new development shall be of high design quality which is clearly derived from the site context and respects the architectural context of adjacent buildings”. Whilst making no attempt to use the vernacular, the new building will be significantly larger and more dominant.

- A. Timber cladding
- B. Plastered window
- C. Powder coated aluminium



The design seems to run contrary to all the above policy.
